

# Building Protection: The Social Development Strategy

The goal...  
**Healthy behaviors**  
for all children and youth

Start with...  
**Healthy beliefs & clear standards**  
...in families, schools, communities and peer groups

Build...  
**Bonding**  
■ Attachment   ■ Commitment  
...to families, schools, communities and peer groups

By providing...  
**Opportunities**

By providing...  
**Skills**

By providing...  
**Recognition**

...in families, schools, communities and peer groups

And by nurturing...  
**Individual characteristics**



**Communities  
That Care®**

**Risk Factors**

**Adolescent Problem Behaviors**

Risk Factors	SUBSTANCE ABUSE	DELINQUENCY	TEEN PREGNANCY	SCHOOL DROPOUT	VIOLENCE	DEPRESSION & ANXIETY
	<b>COMMUNITY</b>					
Availability of Drugs	✓				✓	
Availability of Firearms		✓			✓	
Community laws and norms favorable toward drug use, firearms and crime	✓	✓			✓	
Media portrayals of violence					✓	
Transitions and mobility	✓	✓		✓	✓	✓
Low neighborhood attachment and community disorganization	✓	✓			✓	
Extreme economic deprivation	✓	✓	✓	✓	✓	
<b>FAMILY</b>						
Family history of the problem behavior	✓	✓	✓	✓	✓	✓
Family management problems	✓	✓	✓	✓	✓	✓
Family conflict	✓	✓	✓	✓	✓	✓
Favorable parental attitudes & involvement in the problem behavior	✓	✓			✓	
<b>SCHOOL</b>						
Academic failure beginning in late elementary school	✓	✓	✓	✓	✓	✓
Lack of commitment to school	✓	✓	✓	✓	✓	
<b>INDIVIDUAL/PEER</b>						
Early and persistent antisocial behavior	✓	✓	✓	✓	✓	✓
Rebelliousness	✓	✓		✓	✓	
Friends who engage in the problem behavior	✓	✓	✓	✓	✓	
Favorable attitudes toward the problem behavior	✓	✓	✓	✓	✓	
Gang Involvement	✓	✓			✓	
Early initiation of the problem behavior	✓	✓	✓	✓	✓	
Constitutional Factors	✓	✓			✓	✓